	336.222.5135			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9 a.m. Crochet, Tatting & Knitting 9 a.m. Beginner Facebook 10 a.m. Table Tennis 10 a.m. Tablet Class 12:30 p.m. Card & Game Party 1 p.m. Beginner Internet 1 p.m. Senior Delights Drama Club 1 p.m. Quilting Bee 2:30 p.m. Advanced Internet 6:30 p.m. Duplicate Bridge	9:30 a.m. Open Art 9:30 a.m. Walk with Ease 10 a.m. Arthritis Exercise 10 a.m. AARP meeting 10 a.m. Haw River Trial Hike 2 p.m. Auto Harp lessons 6 p.m. Tone Up Class 6:15 p.m. Smart Phone Class – Iphone 6:30 p.m. Duplicate Bridge 7:45 p.m. Smart Phone Class – Android	8:15 a.m. Corn Hole 9:30 a.m. Walk with Ease 10:15 a.m. Weight	10 a.m. Arthritis Exercise 10 a.m. Federation of the Blind 1 p.m. Duplicate Bridge 6 p.m. Tone Up Exercise Class 6 p.m. AARP meeting	6 10 a.m. Darts 10 a.m. Golden Harmonies Choir Practice 1 p.m. Computer lab
9 a.m. Crochet, Tatting & Knitting 9 a.m. Beginner Facebook 10 a.m. Table Tennis 10 a.m. Tablet Class 12:30 p.m. Card and Game Party 1 p.m. Beginner Internet 1 p.m. Senior Delights Drama club 2:30 p.m. Advanced Internet 6:30 p.m. Duplicate Bridge	9:30 a.m. Open Art 9:30 a.m. Walk with Ease 10 am Arthritis Exercise 1 p.m. Silver Arts on display 2 p.m. Auto harp lessons 6 p.m. Tone Up Class 6:15 p.m. Smart Phone Class - Iphone 6:30 p.m. Duplicate Bridge 7:30 p.m. Smart Phone Class - Android Legal Assistance by appointment	8 a.m. Silver Arts on Display 8:15 a.m. Corn Hole 9:30 a.m. Walk with Ease 10 a.m. Saxapahaw Trails Hike 10:15 a.m. Weight	9:30 a.m. Bocce 9:30 a.m. Walk with Ease 10 a.m. Arthritis Exercise 1 p.m. Free Silver Arts show at Paramount 1 p.m. Duplicate Bridge 6 p.m. Tone Up Exercise Class	13 10 a.m. Darts 10 a.m. Golden Harmonies Choir Practice 1 p.m. Computer Lab 2:30 p.m. Tai Chi class
9 a.m. Crochet, Tatting & Knitting 9 a.m. Beginner Facebook 10 a.m. Table Tennis 10 a.m. Tablet Class 10:30 a.m. Senior Tarheel Legislature Update 12:30 p.m. Card/Game Party 1 p.m. Beginner Internet 1 p.m. Senior Delights Drama club 1 p.m. Quilting Bee 2:30 p.m. Advanced Internet 6:30 p.m. Duplicate Bridge	9:30 a.m. Open Art 9:30 a.m. Walk with Ease 10 a.m. Arthritis Exercise 10 am. Smart Driver Class 2 p.m. Auto Harp Lessons 6 p.m. Tone Up Class 6:15 p.m. Smart Phone Class - Iphone 6:30 p.m. Duplicate Bridge 7:45 p.m. Smart Phone Class - Android	6:30 a.m. Spirit of Norfolk Cruise 8:15 a.m. Corn Hole 9:30 a.m. Walk with Ease 10 a.m. Hagan Stone Park Hike 10:15 a.m. Weight Accountability Group 10:30 a.m. Blood Pressure check 11 a.m. Table Tennis 12 p.m. Knit, Tat, Crochet 12:30 p.m. Mah Jongg 1 p.m. Iphone Class 2:30 p.m. Android Class 6 p.m. Table Tennis 6 p.m. Card & Game Party 6 p.m. Computer Lab	9:30 a.m. Bocce 9:30 a.m. Walk with Ease 10 a.m. Arthritis Exercise 11:30 a.m. Care givers series-Living with less 1 p.m. Duplicate Bridge 1:00 p.m. Burlington Senior Club 6 p.m. Caregivers series- Living with less 6 p.m. Tone Up Exercise Class	8:30 a.m. Group Paddle Guilford Mackintosh 10 a.m. Darts 10 a.m. Golden Harmonies Choir Practice 1 p.m. Computer lab 1 p.m. Movie 2:30 p.m. Tai Chi
9 a.m. Crochet, Tatting & Knitting 9 a.m. Beginner Facebook 10 a.m. Table Tennis 10 a.m. Tablet Class 10 a.m. Forest Hills Club 12:30 p.m. Card and Game Party 1 p.m. Beginner Internet 1 p.m. Senior Delights Drama Club 2:30 p.m. Advanced Internet 6:30 p.m. Duplicate Bridge	9:30 a.m. Open Art 9:30 a.m. Walk with Ease 10 a.m. Arthritis Exercise 10 a.m. Joe Davidson Park Hike 2 p.m. Auto Harp Lessons 1 p.m. Mt. Zion Bingo 6 p.m. Tone Up Class 615 p.m. Smart Phone Class- Iphone 6:30 p.m. Duplicate Bridge 7:45 p.m. Smart Phone Class – Android	25 8:15 a.m. Corn Hole 9:30 a.m. Walk with Ease 10:15 a.m. Weight	9:30 a.m. Bocce 9:30 a.m. Walk with Ease 10 a.m. Arthritis Exercise 1 p.m. Duplicate Bridge 6 p.m. Tone Up Exercise Class	27 10 a.m. Darts 10 a.m. Golden Harmonies Choir Practice 12:30 p.m. Card & Game Party 1 p.m. Computer lab 2:30 p.m. Tai Chi
30 Closed in observance of Memorial Day	8:30 a.m. Hanging Rock Hike 9:30 a.m. Open Art 9:30 a.m. Walk with Ease		Activities	25

8:30 a.m. Hanging Rock
Hike
9:30 a.m. Open Art
9:30 a.m. Walk with Ease
10 a.m. Arthritis Exercise
12 p.m. Reverse
Mortgage
Counseling

Mortgage Counseling 2 p.m. Auto Harp Lessons 6 p.m. Tone Up Class 6:30 p.m. Duplicate Bridge Kernodle **activities** for MAY

	336.222.3133			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Kernodle activities for JUNE		8:15 a.m. Corn Hole 9:30 a.m. Walk with Ease 10:15 a.m. Weight	10 a.m. Arthritis Exercise 10 a.m. Federation of the Blind 1 p.m. Duplicate Bridge 6 p.m. Tone Up Exercise Class 6 p.m. AARP meeting	3 10 a.m. Darts 10 a.m. Golden Harmonies Choir Practice 1 p.m. Computer lab 2:30 p.m. Tai Chi Class
9 a.m. Crochet, Tatting & Knitting 9 a.m. Beginner Facebook 10 a.m. Table Tennis 10 a.m. Tablet class 12:30 p.m. Card/Game Party 12:30 p.m. Mayco Bigelow Club 1 p.m. Senior Delights Drama Club 1 p.m. Beginner Internet 1 p.m. Quilting Bee 2:30 p.m. Advanced Internet 6 p.m. Dancercise Class 6:30 p.m. Duplicate Bridge	8:30 a.m. Greensboro Watershed Hike 9:30 a.m. Open Art 9:30 a.m. Walk with Ease 10 a.m. Arthritis Exercise 10 a.m. AARP meeting 2 p.m. Auto Harp Lessons 6 p.m. Tone Up Exercise Class 6:15 p.m. Beginner Facebook 6:30 p.m. Duplicate Bridge 7:45 p.m. Advanced Facebook	8:15 a.m. Corn Hole 9:30 a.m. Walk with Ease 10:15 a.m. Weight	9:00 a.m. Duplicate Bridge 9:30 a.m. Walk with Ease 9:30 a.m. Bocce 10 a.m. Arthritis Exercise No afternoon activities	Closed to redo bathroom floors
9 a.m. Crochet, Tatting & Knitting 9 a.m. Beginner Facebook 10 a.m. Table Tennis 10 a.m. Tablet Class 12:30 p.m. Card & Game party 1 p.m. Beginner Internet 1 p.m. Senior Delights Drama Club 2:30 p.m. Advanced Internet 6 p.m. Dancercise Class 6:30 p.m. Duplicate Bridge	9:30 a.m. Open Art 10 a.m. Arthritis Exercise 2 p.m. Auto Harp Lessons 6 p.m. Tone Up Exercise Class 6:15 p.m. Beginner Facebook 6:30 p.m. Duplicate Bridge 7:45 p.m. Advanced Facebook Legal Assistance by Appointment	8:15 a.m. Corn Hole 10 a.m. Cedarock Park Hike 10:15 a.m. Weight Accountability Group 10:30 a.m. Blood Pressure Check 11 a.m. Table Tennis 12 p.m. Knit Tat, Crochet 12:30 p.m. Mah Jongg 1 p.m. Iphone Class 2:30 p.m. Android Class 6 p.m. Table Tennis 6 p.m. Game/Card Party 6 p.m. Computer Lab	9:30 a.m. Bocce 9:30 a.m. Trip to Rudy Theatre 10 a.m. Arthritis Exercise 1 p.m. Duplicate Bridge 1:00 p.m. Burlington Senior Club 6 p.m. Tone Up Exercise Class	8:30 a.m. Group Paddle Guilford Mackintosh 10 a.m. Darts 10 a.m. Golden Harmonies Choir Practice 1 p.m. Computer lab 1 p.m. Movie 2:30 p.m. Tai Chi Class
9 a.m. Crochet, Tatting & Knitting 9 a.m. Beginner Facebook 10 a.m. Table Tennis 10 a.m. Tablet Class 12:30 p.m. Card & Game Party 1 p.m. Beginner Internet 1 p.m. Senior Delights Drama Club 1 p.m. Quilting Bee 2:30 p.m. Adv Internet 6 p.m. Dancercise Class 6:30 p.m. Duplicate Bridge	9 a.m. Shallow Ford Natural Area Hike 9:30 a.m. Open Art 10 a.m. Arthritis Exercise 2 p.m. Auto Harp Lessons 6 p.m. Tone Up Exercise Class 6:15 p.m. Beginner Facebook 6:30 p.m. Duplicate Bridge 7:45 p.m. Advanced Facebook	8:15 a.m. Corn Hole 10:15 a.m. Weight	9:30 a.m. Bocce 10 a.m. Arthritis Exercise 1 p.m. Duplicate Bridge 6 p.m. Tone Up Exercise Class	24 10 a.m. Darts 10 a.m. Golden Harmonies Choir Practice 1 p.m. Computer lab 2:30 p.m. Tai Chi Class
9 a.m. Crochet, Tatting & Knitting 9 a.m. Beginner Facebook 10 a.m. Table Tennis 10 a.m. Tablet Class 10 a.m. Forest Hills Club 12:30 p.m. Card/Game Party 1 p.m. Beginner Internet 1 p.m. Senior Delights Drama Club 2:30 p.m. Adv Internet 6 p.m. Dancercise Class 6:30 p.m. Duplicate Bridge	9:30 a.m. Open Art 10 a.m. Arthritis Exercise 1 p.m. Mt. Zion Bingo 2 p.m. Auto Harp Lessons 2 p.m. Hike & Nature Observation Guilford Mackintosh 6 p.m. Tone Up Exercise Class 6:15 p.m. Beginner Facebook 6:30 p.m. Duplicate Bridge 7:45 p.m. Advanced Facebook	8:15 a.m. Corn Hole 10:15 a.m. Weight Accountability Group 11 a.m. Table Tennis 11:30 p.m. Elmira Club 12 p.m. Knit, Tat, Crochet 12:30 p.m. Mah Jongg 6 p.m. Table Tennis 6 p.m. Game and Card Party 6 p.m. Computer Lab	9:30 a.m. Bocce 10 a.m. Arthritis Exercise 1 p.m. Duplicate Bridge 6 p.m. Tone Up Exercise Class	